Supervisor Ready
A product of Food Processing Skills Canada

Continuous Learning - Self Assessment

Score (1 point for each Yes response)	5/14
Learn new things	Yes
Ask questions when I do not understand something.	No
Ask for feedback and/or advice from more experienced co-workers.	Yes
Learn by observing more experienced co-workers.	Yes
Find and use learning materials and/or resources (e.g. searching the Internet, reading articles).	No
Seek out and participate in training courses.	Yes
Identify and understand my skill strengths and the areas where I need improvement.	No
Develop my own learning goals at work and in my personal life.	No
Apply the lessons I have learned from past experiences to new situations.	No
Try new ways of doing things.	Yes
Use newly learned skills and knowledge to improve my work.	No
Recognize my preferred learning style (e.g. learning by seeing, hearing or doing).	No
Be responsible for my own learning.	No