Supervisor Ready
A product of Food Processing Skills Canada

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Continuous Learning - Self Assessment

Score (1 point for each Yes response)	7/14
Learn new things	Yes
Ask questions when I do not understand something.	Yes
Ask for feedback and/or advice from more experienced co-workers.	No
Identify learning or training programs that are available to me at work and in my community.	Yes
Learn by observing more experienced co-workers.	No
Find and use learning materials and/or resources (e.g. searching the Internet, reading articles).	Yes
Seek out and participate in training courses.	Yes
Identify and understand my skill strengths and the areas where I need improvement.	No
Develop my own learning goals at work and in my personal life.	No
Apply the lessons I have learned from past experiences to new situations.	No
Try new ways of doing things.	No
Use newly learned skills and knowledge to improve my work.	Yes
Recognize my preferred learning style (e.g. learning by seeing, hearing or doing).	No
Be responsible for my own learning.	Yes