Supervisor Ready
A product of Food Processing Skills Canada

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# Continuous Learning - Self Assessment

| | |
|---|---|
| **Score ( 1 point for each Yes response )** | 7/14 |
| **Learn new things** | Yes |
| **Ask questions when I do not understand something.** | Yes |
| **Ask for feedback and/or advice from more experienced co-workers.** | No |
| **Identify learning or training programs that are available to me at work and in my community.** | Yes |
| **Learn by observing more experienced co-workers.** | No |
| **Find and use learning materials and/or resources (e.g. searching the Internet, reading articles).** | Yes |
| **Seek out and participate in training courses.** | Yes |
| **Identify and understand my skill strengths and the areas where I need improvement.** | No |
| **Develop my own learning goals at work and in my personal life.** | No |
| **Apply the lessons I have learned from past experiences to new situations.** | No |
| **Try new ways of doing things.** | No |
| **Use newly learned skills and knowledge to improve my work.** | Yes |
| **Recognize my preferred learning style (e.g. learning by seeing, hearing or doing).** | No |
| **Be responsible for my own learning.** | Yes |