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Continuous Learning - Self Assessment

Score (1 point for each Yes response)	6/14
Learn new things	No
Ask questions when I do not understand something.	Yes
Ask for feedback and/or advice from more experienced co-workers.	No
Identify learning or training programs that are available to me at work and in my community.	Yes
Learn by observing more experienced co-workers.	No
Find and use learning materials and/or resources (e.g. searching the Internet, reading articles).	No
Seek out and participate in training courses.	Yes
Identify and understand my skill strengths and the areas where I need improvement.	No
Develop my own learning goals at work and in my personal life.	Yes
Apply the lessons I have learned from past experiences to new situations.	No
Try new ways of doing things.	Yes
Use newly learned skills and knowledge to improve my work.	Somewhat
Recognize my preferred learning style (e.g. learning by seeing, hearing or doing).	No

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Be responsible for my own learning.	Yes
Continuous Learning Strengths - I am confident that I can...	dewd
Areas for Improvement - I would like to improve my ability to...	dwed